

TASK 2: DIALOGUE

You feel like you need to do more exercise. A fitness equipment gadget advertised on television has caught your attention: *Abdominator: The Ultimate Fat Burner. Perfect Abdominal Workout from your Sofa*". Although it looks a bit expensive, you are going to buy it. You want to tell your friend about it and recommend it to him/her as well.

Explain the reasons why you think this would be a good way to keep fit. Try to come to an agreement on the best kind of keep-fit activity for you. **YOU BEGIN THE DIALOGUE.**

NOTES**TASK 2: DIALOGUE**

Your friend is telling you about a fitness equipment gadget advertised on television. For a number of reasons you do not agree with this kind of things. Moreover, you think your friend needs to exercise more outdoors. Propose a number of outdoor activities and explain the benefits they would bring. Try to persuade your friend to accept your proposals.

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